

# TC-L4 Skills Observation Feedback Sheet (1)

(Appropriate to Service Level A Work)

Counsellor .....

Client .....

Observer (Peer or Tutor) .....

Date .....

## Beginnings:

Establish a safe space to work in-person or online/telephone:

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Establish a therapeutic relationship:

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Negotiate boundaries and agree ways of working together:

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Develop interaction with client:

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## Middles:

Enable client to identify, prioritise and stay focused on their agenda:

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Communicate an emotional warmth and safety:

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Ability to use skills and techniques consistent with stated theoretical approach:

Ability to use skills and techniques appropriate to the medium being offered:

**Endings:**

Bring interaction to an end safely and appropriately: